

# ACE LINKS

## ACE Mentoring Program Monthly Newsletter

### Spring in to Mentorship!

**“The inspiration that you seek is already within you. Be silent and listen.” - Rumi**

Happy Spring! Spring is the time of new beginnings—an opportunity to rejuvenate and in many ways, to re-inspire ourselves. With all that we do in our day-to-day, it can be challenging to find the time for this— including practicing self-care, or even developing and nurturing new relationships. With spring upon us, we encourage that you consider making time in your busy day to take a short walk, to have lunch with a friend, or to grab coffee with your mentor/mentee.



#### MONTHLY RESOURCE

This month’s resource focuses on personal self-reflection—more specifically, drawing connections between our personalities and how they inform our choices in life—including the profession we choose to pursue. To explore this further, consider taking 16 Personalities, a free personality test with the goal of helping people learn how they can build connections, learn to understand others, and obtain a personal roadmap to success.

To learn more, or to take the test, visit:

[16 Personalities](#)

#### RAFFLE WINNERS

Congratulations to **Susana Luis** and **Simbi Mahlanza**—you are this month’s raffle winner duo! You have won tickets to a UCLA Athletics event and UCLA swag!

To claim your prize, please email [ace@college.ucla.edu](mailto:ace@college.ucla.edu).

**Conversation Starter: What aspect of your personality do you feel adds value to your profession?**

## MENTOR MENTEE SPOTLIGHT

Meet this month’s Mentor and Mentee duo—Marcela Moreno (Academic Advancement Program), and Laura Sencion-Mendoza (Academic Advancement Program)!

**Q: What have you learned so far from your mentor/mentee?**

**Laura (mentor):** There are other counselors across campus that are passionate about counseling underrepresented communities. My mentee has a lot of passion and enthusiasm that has invigorated my work. I have taken on new challenges at work.

**Marcela (mentee):** I learned from Laura that diversity at UCLA comes in many forms. Her advocacy works as chair on University Committee on Disabilities (UCOD) has expanded my awareness of challenges that students and staff face on campus but that the UCOD committee is trying to resolve. I am reminded that student advocacy begins with me, that I must model for my student’s what advocacy looks like. Laura has encouraged to become a mentor myself.



Laura Sencion-Mendoza (left) and Marcela Moreno (right).

**Q: What have you done so far together?**

**Marcela and Laura:** We have met for lunch, sent emails, and text messages. We both believe that mentoring is not about quantity but the quality of time we spend together. Mentoring for us is a causal affair of free dialogue and getting to know each other.

**Laura (mentor):** When I first met Marcela I wanted to recruit her to my unit because of her passion and enthusiasm for counseling students.

**Marcela (mentee):** When I first met Laura I instantly felt at ease to openly discuss my challenges as an academic advisor at a new campus.

**Q: What do you plan to do to cultivate and foster your relationship?**

**Laura (mentor):** Now that we are coworkers, I will assist Marcela in her transition to the new unit.

**Marcela (mentee):** We will continue to meet both formally such as having lunch and informally talking in the hallways. Mentoring happens anywhere.



## CALENDAR OF EVENTS

Each month, **ACE Links** will highlight events both on- and off-campus that you may want to consider attending with your mentor or mentee.

If you have any events that you wish to advertise, please email [ace@college.ucla.edu](mailto:ace@college.ucla.edu)

#### Upcoming Events

<a href="#">Food Talk - Dr. Elizabeth Hoover</a>	04/06
<a href="#">CreActive Self-Care Workshop</a>	04/09
<a href="#">Dance Concerts on the Pier</a>	04/13
<a href="#">E3’s Farmers Market @ UCLA</a>	04/18
<a href="#">ACE Mentoring Picnic Lunch</a>	04/19
ACE Workshop (save the date!)	04/24
<a href="#">Conversation w/Dr. Ira Byock</a>	04/27

